



The Netherlands in lockdown

Coronavirus is spreading rapidly. To ensure healthcare services remain available to all, we must limit our contact with others.

The following measures apply from 15 December 2020 until at least 19 January 2021:

COVID-19 symptoms?



Stay at home.



Get tested.

If you are short of breath and/or have a fever, anyone you live with should also stay at home.



Work from home, unless this is not possible.



Keep 1.5 metres away from others.



If a place is busy, leave.



Wash your hands often.



Cough and sneeze into your elbow.



Wear a face mask where this is mandatory.

At home



No more than 2 visitors per day (excluding children under 13). From 24-26 December: no more than 3 visitors per day.

Groups



Indoors and outdoors: no more than 2 people or 1 household in a group.

Venues normally open to the public



Museums, cinemas, theatres, zoos, libraries, swimming pools, amusement parks and other venues normally open to the public are **closed**.

Restaurants, bars and events



All establishments serving food and drink are closed. Including hotel restaurants and room service.



Takeaway meals may be ordered from restaurants.



Events are prohibited.

Groceries and shopping



Non-essential shops are closed.



Establishments including supermarkets, chemists, greengrocers and petrol stations may remain **open**.



Ban on alcohol after 20.00.

Contact-based industries



People working in non-medical contact-based industries, including hairdressers, tattooists, beauticians and masseurs **cannot perform their work**.

Sports



No more than 2 people, staying 1.5 metres apart at all times. *This does not apply to children under 18 and elite athletes.*



All indoor sports venues are closed.



No competitions or group lessons. *This does not apply to elite athletes.*

Travel and transportation



Stay home as much as possible. Public transport for essential travel only.



Do not travel abroad. Do not book any trips abroad until mid-March.

Education and childcare*



Remote and online teaching in primary, secondary, secondary vocational and higher education and for all other forms of training and educational activities. *Exemptions include exams, practical lessons and education for vulnerable pupils.*



Childcare centres are closed.



Emergency childcare is available for children of key workers and for vulnerable children.

* These measures apply from 16 December 2020 until at least 17 January 2021.

alleen samen krijgen we
corona onder controle

More information and exceptions:
government.nl/coronavirus
or call 0800 1351